

The Reader

People, Words & Change



Adult literacy,
one-on-one.

FALL 2021



The Reader is the quarterly newsletter of People, Words & Change. We welcome stories and articles by our learners.

People, Words & Change
Heartwood House
202-404 McArthur Ave.
Ottawa, ON K1K 1G8
Tel: 613-234-2494
info@pwc-ottawa.ca
www.pwc-ottawa.ca

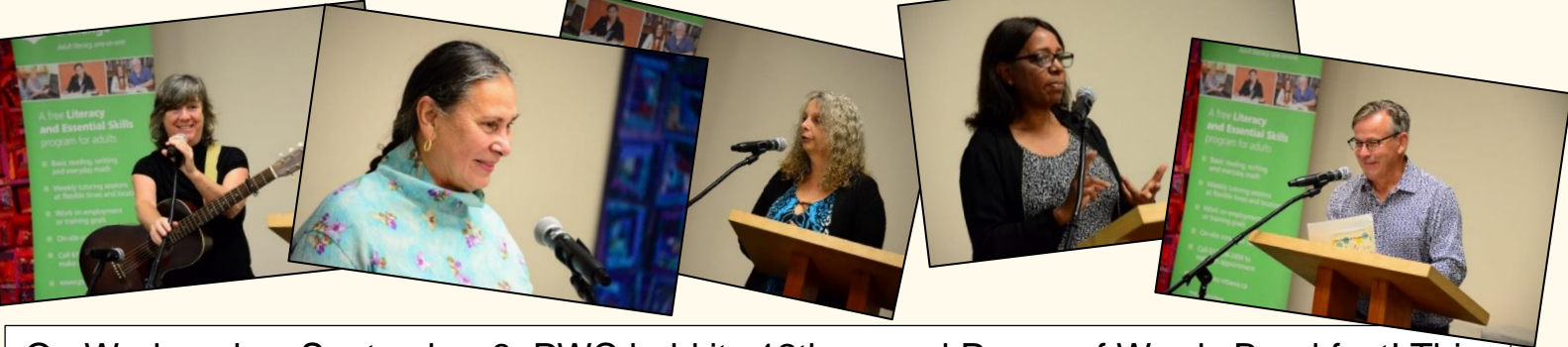
Bus #14 stops in front of the building.
There is also street parking.

Feedback on the manner in which PWC provides its services to people with disabilities, and any other services, is encouraged and appreciated.

In this issue:

- Power of Words Breakfast
- NOW I CAN! PWC Learners Write and Create
- PWC Computer Lab
- PWC Learner Testimonials
- Grammar and Spelling Corner
- Educational Resources
- Fall Recipe
- Word Games

Power of Words Breakfast 2021



On Wednesday, September 8, PWC held its 12th annual Power of Words Breakfast! This year's event was held both in person and online. Terry Marcotte graciously returned to emcee the event. Local musical talent Christine Graves started us off with her profound song, *Sparrow Parable*. This was followed by a powerful and touching land acknowledgement made by former PWC learner H  l  ne. We showed videos of seven PWC learners (Sajida, Farah, Heather, Hussam, Melanie, Glaucia, and Murilo) telling us their story and achievements over the past year, as well as a special testimonial made by Ruth, Sajida's tutor. Our special guest speaker was Isobel Granger, who gave a very inspiring talk about literacy, apartheid, and standing up for individual rights – never let them put you behind the curtain! Margaret Macdonald, President of the PWC Board of Directors, spoke about what literacy and PWC mean to her, and Executive Director Dee Sullivan concluded the event with the launch of our annual book draw and the announcements of PWC's involvement in the Ottawa Community Lighting Program (OTTAWA sign lit up with PWC's colours) and the special partnership with Perfect Books. Perfect Books generously gave 10% of all sales on September 8 to our program to celebrate International Literacy Day!



Power of Words Breakfast 2021



PWC would like to express our gratitude to the
sponsors of the 2021 Power of Words Breakfast!
Perley-Robertson, Hill & McDougall LLP
CUPE
ROVLN
McCay Duff
Perfect Books
Bonini & Associates
Newport Restaurant



Thank you to the following donors for their contributions to our annual
book draw!

**Biblioasis; Canada Post; Firefly Books; Fitzhenry &
Whiteside; Greystone Books; Hachette Book Group;
Louise Penny; Melissa Yi, MD; Nimbus Publishing;
Penguin Random House Canada; Phil Jenkins; Raincoast
Books; Randall Denley; Thomas Allen & Son; and William
McElligott**

Goodbye... and Hello!

PWC recently said goodbye to Maura, our computer instructor for the last three years. Maura added her warmth, humour, creativity, and impressive organizational skills to PWC. Maura has moved on to a wonderful opportunity in the elementary school system. We thank Maura for her contributions to our program and wish her all the best!

Goodbye and good luck!



And, just like that, PWC's computer skills program was handed over to the extremely capable hands of our new instructor, Karen! Karen brings extensive experience from many years of teaching adults in the ESL field. With her leadership skills and compassionate nature, she is already making an excellent addition to our team!

Welcome!



My Week with Pugzie

From August 3rd to the 12th I had the joy of caring for Pugzie the Pug and Bishon Frise mix. Pugzie is a small breed type of dog. She is tan with white fur and she just turned a year old on the August 8th. Her teeth in the front over lay somewhat; you see her under bite when she looks at you and smile.

Pugzie is a good girl, but came to me sick so I had to give her medication as she developed diarrhea from eating something she shouldn't have. She had a few washroom accidents but thank goodness for pee pads/mat. This only lasted to until Wednesday morning.

Pugzie really enjoys playing with her tennis ball by running to fetch it. She also likes going for walks: becomes so excited to smell everything, and runs to the point where she almost hurts herself. I worked with her to get her to walk nicely. She walks with a blue harness, but I decided to not use it, as she was able to pull a lot, so, I moved the leash around her neck to have better control. I also reward her with treats when she sat at crossroads for me and waited and walked nicely.

Once while walking Pugzie up Elgin St. we stopped at The Museum of Nature grounds and met a Great Dane. I even walked her to the pet store for her Birthday, she picked out a toy with her nose. I also got her a birthday bandana and crown. I took pictures and shared them with the owners.

All and all it was a nice change in my routines and responsibilities and to care for Pugzie. I would do it again.

-Heather



Now I Can! PWC Learners Write...

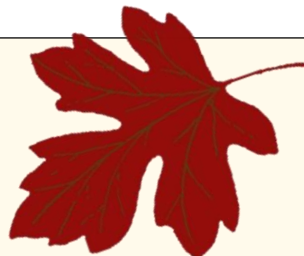
A Place of Mystery by Zeina

The city of Timbuktu is a place located in West Africa, more specifically in Mali. It sits in the north of the country where it is surrounded by the Sahara Desert. The city was known as a big trading centre where people would come and trade.

The goods traded were gold and salt. From that it became rich and famous and over time it became a learning centre too.

It had a university called Sankore where it housed 25,000 students and was known as the Oxford school in Africa. Sadly, it being famous made others to take everything good about the city. It lost its wealth and smart people from war-loving neighbors.

Until it was rediscovered and the city treated as a UNESCO site where it being taken care of, Timbuktu was a place of mystery.



The Peacock

The peacock is a type of bird, but it is the most beautiful because of its colourful plumage and its distinctive shape. The peacock is one of the largest birds, reaching a length of five to seven feet and a weight of five to 13 kilograms. The peacock feeds on flowers, insects, and grains. The male peacock has beautiful feathers and a colourful tail in colours such as violet and blue in addition to its distinctive shape of an eye. Moreover, the peacock's feathers can change every year. Despite the beauty of this bird, it does not have a beautiful voice because its voice is often coarse. As for reproduction, female peacocks lay three to five eggs per year. So, that makes the number of this bird small. However, it lives about 20 years and is native to Asia. It is really a beautiful and unique bird!

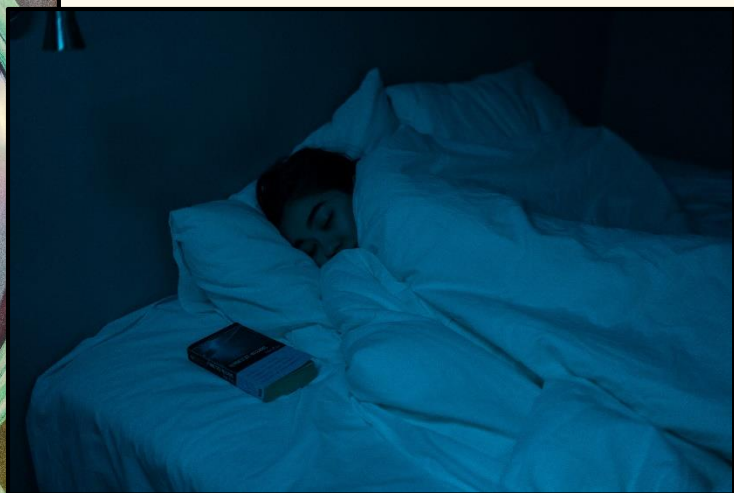
-Hadia



Now I Can! PWC Learners Write...

Ade's Daily Routine

Ade gets up at 8 a.m. She has a shower and eats breakfast. She has eggs and tea. At 10 a.m., Ade cleans the house and she sweeps and mops the floor. At 12 p.m., Ade has lunch. She has a sandwich and then washes her clothes and irons them. At 10 p.m., Ade goes to bed.



Now I Can! PWC Computer Lab Learners Create

Madelene did a great job creating a flyer in her computer class!



PARTY INVITATION

You're Invited to Celebrate with Us!

Saturday August 28, 2021
2550 St. Laurent Street, Ottawa

Please bring: [Contribution Here]
RSVP TO: **Karen McDonald at KMac@gmail.com**

Now I Can! PWC Computer Lab Learners Create

Behar also did a great job creating a flyer in her computer class!

Does your dog need exercise?

FRIENDLY DOG WALKER



KEEP YOUR DOG HAPPY

\$15 per hour			
Monday	10-5	Tuesday	11-4
Wednesday	10-5	Thursday	11-4
Friday	10-5	Saturday	11-4

CALL **EMAIL**

613 555 5555 Ccc2021@icloud.com

YouTube Shortcuts

Press Space bar or the K key	Pause and Play a Video
Press the M key	Mute/unmute
Press the F key	Activate full screen. (Press escape "Esc" to exit full screen mode.)
Press the 0 (zero) key Or Home key	Jump to start of video
Press the End key	Go to the end of video (will play next video in playlist)
 	Use left or right arrow keys to rewind or fast forward 5 seconds. (To rewind 10 seconds, use J key; to fast forward 10 seconds, use L key)
Press > Press <	Speed up play speed Slow down play speed
press the C key	Turns Closed Captioning on or off
Up & down arrow keys	Turn volume up Turn volume down

PWC Learner Testimonials



WHAT OUR LEARNERS SAY

Petula



"This is a very good program for anyone needing to update or learn computer skills from the beginner level."



Chris



"Thank you for the opportunity to be able to learn to read and write. Thank you for a wonderful tutor, Wendy."



WHAT OUR LEARNERS SAY

Sarah



"I am so grateful that I am part of PWC. My instructor is the best. I know now how to operate a computer."



Barbara



"Friendly & helpful staff with clear and easy to follow lesson modules."



PWC Learner Testimonials



WHAT OUR LEARNERS SAY

Amina



"This is an excellent program and I wish I found out about it sooner!"



Maghlaha



"I am very happy to be with PWC. My Education Counsellor and my tutor are the best. They help me a lot. I am very satisfied. Thank you."



WHAT OUR LEARNERS SAY

Gloria



"I am always encouraging friends who would like to do or know how to work with computers to sign up with PWC. Thanks a million."



Natalee



"My tutor is amazing!! The staff are really friendly and kind."



Grammar and Spelling Corner

Spelling Rule for the Suffixes -ing or -ed in Words that End With a “Y”

*When you need to add -ing to a word (usually a verb) that ends with a “y,” just add the -ing ending.

Examples: try = trying

apply = applying

*When you need to add -ed to a word (usually a verb) that ends with a “y” that comes after a vowel (a/e/i/o/u), just add the -ed ending!

Examples: play = played

enjoy = enjoyed

When you need to add -ed to a word (usually a verb) that ends with a “y” that comes after a consonant (all the other letters), change the “y” to an “i” and add the -ed ending!

Examples: cry = cried

bury = buried

**Try the exercise below for practice. Can you think of any others to add to the list?
As always, there are some exceptions to the rule!**

	Add -ed	Add -ing
cry		
reply		
supply		
study		
stay		

Educational Resources

Interested in doing an apprenticeship program or going to college or university?

It can be helpful to have your high school diploma. Here are some ways to obtain your high school diploma in Ontario.

- 🍁 Go to an adult high school to obtain your diploma; or
- 🍁 Check if you are eligible to take the ACE Certificate Program. This program helps you do courses that are equivalent to high school courses and necessary to enter certain college or university programs; or
- 🍁 Take the GED test. This is a test that gives you a certificate equivalent to a high school diploma. To obtain this certificate, you need to take five tests; or
- 🍁 Enter college as a mature student if you are 19 years of age or older. You will probably need to do one or more tests to be admitted.

For more information, go to this website: <https://lindr.on.ca/resources/ontario-pathways-project/>



Learners, did you know there are some short college programs you may be eligible for?

Check the college websites below for more information.

- 🍁 Willis College
- 🍁 Herzing College
- 🍁 Algonquin Careers Academy

If you know of other programs, tell your tutor or Dee, Julie, or Karen so that we can share that information with other learners.

Fall Recipe

Pumpkin Gingerbread Loaf

Prep: 15 min.

Cook: 45 min.

Total: 60 min.

Servings: 24

Yield: 2 - 9x5 inch loaves



INGREDIENTS

- 3 cups sugar
- 1 cup vegetable oil
- 4 eggs
- 2/3 cup water
- 1 can pumpkin puree (15 ounces)
- 2 tsp ground ginger
- 1 tsp ground allspice
- 1 tsp ground cinnamon
- 1 tsp ground cloves
- 3 1/2 cups all-purpose flour
- 2 tsp baking soda
- 1 1/2 tsp salt
- 1/2 tsp baking powder

INSTRUCTIONS

1. Pre-heat oven to 350°F (175°C). Lightly grease two 9x5 inch loaf pans.
2. In a large mixing bowl, combine sugar, oil, and eggs, and beat until smooth. Add water and beat until well-blended. Stir in pumpkin, ginger, allspice, cinnamon, and cloves.
3. In a medium bowl, combine flour, soda, salt, and baking powder.
4. Add dry ingredients to pumpkin mixture and blend just until all ingredients are mixed. Divide the batter between prepared pans.
5. Bake in preheated oven until toothpick comes out clean, about 1 hour.

www.allrecipes.com



Fall Word Search

Find the words below. One of the words is diagonal, but the rest will be horizontal from left to right, or vertical (down). The Answer Key is on the next page, and the pictures will help you understand what some of the words mean.

Then, try to write sentences using the words. You can do this over several tutoring sessions.

Fall Words

X	P	H	F	L	H	A	Y	T	V	C	Z
C	U	A	R	E	V	P	C	A	G	I	B
H	M	R	O	A	T	P	R	U	O	D	A
I	P	V	S	V	R	L	I	T	U	E	C
L	K	E	T	E	A	E	S	U	R	R	O
L	I	S	Q	S	K	K	P	M	D	X	R
Y	N	T	C	H	E	S	T	N	U	T	N
Z	S	Q	U	A	S	H	X	D	Q	F	M

Find the following words in the puzzle.
Words are hidden → and ↓ .

ACORN
APPLE
AUTUMN
CHESTNUT
CHILLY
CIDER

CRISP
FROST
GOURD
HARVEST
HAY
LEAVES

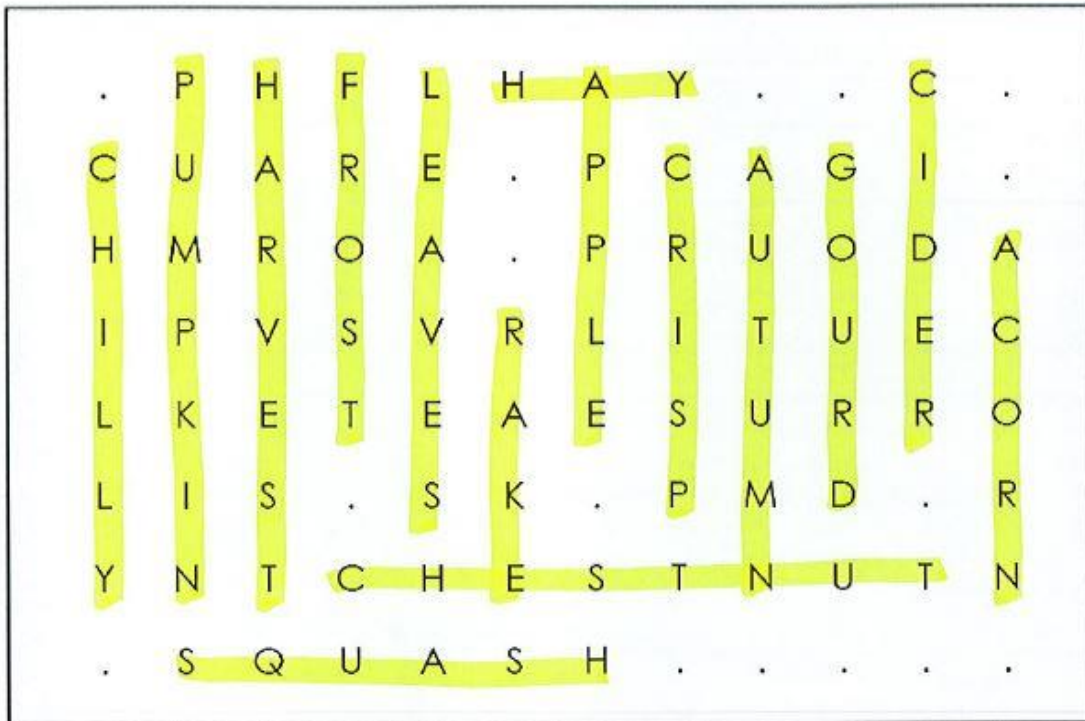
PUMPKIN
RAKE
SQUASH



Fall Word Search Answer Key

SOLUTION

Fall Words



Word directions and start points are formatted: (Direction, X, Y)

ACORN (S,12,3)

APPLE (S,7,1)

AUTUMN (S,9,2)

CHESTNUT (E,4,7)

CHILLY (S,1,2)

CIDER (S,11,1)

CRISP (S,8,2)

FROST (S,4,1)

GOURD (S,10,2)

HARVEST (S,3,1)

HAY (E,6,1)

LEAVES (S,5,1)

PUMPKIN (S,2,1)

RAKE (S,6,4)

SQUASH (E,2,8)



Rhymes with *Fall*

A rhyme is when the end of words sounds similar. This is often at the end of a sentence in poems and songs. For example, the words “cry” and “fly” have the same sound of “i.” Answers can be found below.

Fall Rhymes

What's a big orange vegetable that rhymes with skin?

Who guards the crops and rhymes with row?

The color of leaves that rhymes with bed?

The color of leaves that rhymes with hello?

The color of leaves that rhymes with down?

What vegetable is yellow and rhymes with born?

What is the wind that rhymes with fool?

Where is food grown that rhymes with arm?

What fall holiday rhymes with teen?

What is another word for autumn that rhymes with ball?

What do farmers harvest that rhymes with mops?

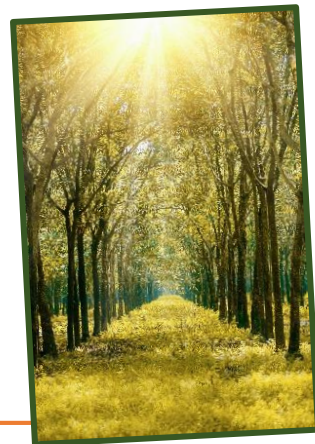
What falls to the ground and rhymes with reef?

What do students start that rhymes with cool?



Try to use each word in a sentence!

<http://bogglesworldesl.com>



Answers: 1. pumpkin 2. scarecrow 3. red 4. yellow 5. brown 6. corn 7. ghoul 8. farm 9. Halloween 10. fall 11 crops 12. leaf 13. school

Idioms with the Word *Fall* - Difficult

Idioms are phrases that do not mean what the words say. For example, when we say, "It's raining cats and dogs," it's not really raining cats and dogs. It means it's raining a lot!" Read the following idioms that have the word *fall* in them and try to use them in sentences of your own.

(a) fall into the wrong hands: when information or an object is stolen or found by a bad or dangerous person.

E.g. If the private information falls into the wrong hands, it would cause many problems for the security of people's social insurance numbers.

(b) fall into someone's lap: when someone gets something he/she wants without doing anything

E.g. The job just fell into her lap! Her friend knew that she was looking for work and talked to her manager, who quickly agreed to meet her for an interview.

(c) fall between/through the cracks: when someone is accidentally overlooked, ignored, or forgotten

E.g. Many students fall through the cracks in the school system because classes are too big and some students can't get enough attention and help for learning challenges.

(d) fall into place: when things start to make sense or start to happen in a way that is easy and without any problems

E.g. After she finally made the decision to go back to school, things started to fall into place. She found a program that gives grants for people to go to college and she was approved!

(e) fall into line: when someone starts to follow the rules and behave according to expectations

E.g. After about one month of being at the military academy, the young man fell into line and stopped his rebellious behaviour.

(f) fall head over heels in love: when someone feels deep, sudden and absolute love for someone else

E.g. When the man saw how kind and generous the woman was, he fell head over heels in love with her.

**Try the cloze exercise below using the idioms you have just learned.
You will need to pay attention to the verb tense (past/present/future).**



1. The social workers had so many young children under their care that the older ones_____.
2. Even though they've only known each other for two weeks, they've decided to get married! They've obviously_____.
3. After my team members explained how things work, _____ it was easy to do my part of the project.
4. If the detective's files _____, it could put all the witnesses in danger!
5. She didn't even have to work hard for her promotion. It just _____.
6. When the residents understood that the city councillor wanted to improve things in the neighbourhood, it was easy for them to _____ with her plan to implement a neighbourhood program.